

THANK YOU!

80

YEARS OF PASSION.
BEYOND HYGIENE.

World Hand Hygiene Day

IT ALL STARTS WITH CLEAN HANDS



Hand hygiene can prevent up to **70%** of healthcare-associated infections (HAIs) when integrated into robust infection prevention and control programmes.



More than **5** million deaths globally were associated with antimicrobial resistance (AMR)

and **63.5%** of resistant infections are linked to health care settings (HAIs).

1 in 10 patients



worldwide is affected by HAIs during care delivery.

Some useful tips



Wash with running water and soap
To avoid recontamination

WHY? Hands could get dirty again if they touched a bowl of dirty water that was used before.



Rub thoroughly
Removes germs & grease

WHY? Washing your hands with soap and water can help get rid of dirt, grease and germs.



Scrub your hands for 20 seconds.

WHY? 15 to 30 seconds removes more germs than washing for shorter periods.

Clean hands can save lives. Make hand hygiene part of your routine.



FOR YOUR PEACE OF MIND

CHRISTEYNS
MEDICAL CARE

We support the World Health Organization's efforts and are committed to the 2026 campaign: **SAVE LIVES: Clean Your Hands**

Sources: www.who.int/campaigns | www.globalhandwashing.org | www.cdc.gov/clean-hands